

SASSAFRAS CREOLE & SEAFOOD RESTAURANT

APPETIZERS

**Nawlins Crab Cakes**

Real crab meat, seasoned, battered  
and flash fried, served with crawfish cream \$11

**Eggplant Medallions**

Eggplants cut and fried golden brown  
served with crawfish cream sauce \$8

# SASSAFRAS

CREOLE & SEAFOOD RESTAURANT

10100 I-10 Service Rd  
 Inside Avalon Best Western

504.378.5001 main  
 504.378.5013 fax line

## APPETIZERS

**NAWLIN'S CRAB CAKES** Select claw crabmeat lightly battered & deep fried. Served with our jazze' sauce. \$10.99

**FRIED EGGPLANTS** Lightly breaded and flash fried topped with freshly shredded parmesan cheese. Served with our jazze' sauce. \$7.99

**CHICKEN WINGS** Crispy drummetes seasoned, battered and deep fried. Served plain or tossed hot wing sauce. \$7.99

**TENDER STRIPS** Fresh chicken breast cut, seasoned, battered and deep fried. Served plain or tossed in you choice of hot or barbeque sauce. \$7.99

**FILE' GUMBO** Our famous seafood and sausage gumbo served with white rice. CUP \$4.99 BOWL \$6.99

**SPINACH DIP** with artichoke topped with freshly shredded parmesan cheese and salsa. Served with breaded bow tie pasta or tortilla chips. \$7.99

**CRAB FINGERS** Seasoned, battered and deep fried to perfection. Served with our jazze' sauce. \$11.99

**SASSY SAMPLER** Generous portions of spinach dip, tender strips, fried eggplant, mini crab cakes, & fried jazzy bites. Served with our jazze' sauce. \$16.99

## SALADS

(Peppercorn Ranch - Venice Italian - Balsamic Vinaigrette - Honey Mustard - Vidalian Onion - Bleu Cheese)

**HOUSE SALAD** Mixed greens, cheese, croutons  
 SMALL \$2.99 LARGE \$6.99

**SASSY SHRIMP SALAD** Mixed greens, tomatoes, black & green olives, mixed bell peppers, shredded cheddar and parmesan cheese, croutons. Grilled or fried. \$13.99

**AHI TUNA SALAD** Mixed greens, black and green olives tomatoes, parmesan cheese, croutons. \$13.99

**MAHKE' CHICKEN SALAD** Chicken breast on a bed of mixed greens, tomatoes, olives, pecans, mushrooms, cheddar & parmesan cheese, fried jazzy bites. Fried or grilled. \$13.99

**CATFISH SALAD** Fried catfish, mixed greens, olive blend, tomatoes, parmesan & cheddar cheese, croutons. \$13.99

**CAESAR SALAD** Romaine hearts, parmesan cheese, bacon, croutons. SMALL \$3.99 LARGE \$7.99

**SIGNATURE SASSY SALAD** Mixed greens tomatoes, mixed bell peppers, bacon, mushrooms, olives, cheddar and parmesan cheese, fried jazzy bites. SM \$5.99 LG \$9.99

**KING OYSTER CAESER** Fried oysters, romaine hearts, bacon, black olives, tomato, parmesan cheese, croutons. \$13.99

**CHEF SALAD** Mixed greens, turkey, roast beef, ham, bacon, tomatoes, olives, mushrooms, cheddar cheese, parmesan cheese, croutons. \$9.99

**MANDARIN SALAD** Mixed greens, mandarin oranges raisons, green apples, pecans, and red grapes, served with raspberry vinaigrette. SMALL \$5.49 LARGE \$9.99

## BURGERS/SANDWICHES

All Burgers and Sandwiches served with fries. Dressing on the side

**THE SASSY BURGER** 9 oz. of seasoned ground meat served with in on sesame seed bun. \$8.99 BBQ'D \$5.00 extra

**SASSY BURGER SUPREME** Served with bacon and cheese on a croissant. \$10.99

**MUFFELATA** Olive mix, ham, salami and swiss cheese served on a muffelata bun. HALF \$9.99 WHOLE \$15.99

**CRAWFISH BURGER**  
 Fried Louisiana crawfish tails served on a sesame seed bun  
 Served with our jazze' sauce. \$10.99

**DOUBLE CHEESE MELT** Two hamburger patties, grilled onions, parmesan & cheddar cheese on a sesame bun. \$8.99

**HOT SAUSAGE CROISSANT** Patton's hot beef patties grilled with onions and served on a croissant. \$8.99

**CHICKEN CROISSANT** Fried or grilled chicken breast served with grilled onions on a croissant. \$8.99

**CLUB SANDWICH**  
 Fresh deli ham, roast beef, turkey and bacon served on a croissant bun. \$7.99

### NEW ORLEANS POOR BOYS

Served with french fries. Dressing on the side.

<b>SHRIMP</b> \$9.99	<b>CATFISH</b> \$8.99
<b>OYSTER</b> \$9.99	<b>HALF-N-HALF</b> \$10.99
<b>HOT SAUSAGE</b> \$7.99	<b>HAMBURGER</b> \$7.49
<b>TURKEY</b> \$7.49	<b>SOFT SHELL</b> \$13.99
<b>HAM</b> \$7.49	<b>ROAST BEEF</b> \$7.99

### 6" POOR BOY SPECIALS

Served with file gumbo. Dressing on the side

<b>SHRIMP</b> \$9.99	<b>CHICKEN</b> \$8.99
<b>OYSTER</b> \$9.99	<b>CATFISH</b> \$8.99
<b>HAMBURGER</b> \$8.99	<b>SOFT SHELL</b> \$10.49
<b>HOT SAUSAGE</b> \$8.99	<b>HAM</b> \$8.49
<b>TURKEY</b> \$8.49	<b>ROAST BEEF</b> \$8.99

## HOUSE ENTREES

**CATFISH POLLARD** Catfish stuffed with crabmeat and baked in our cajun marinade, in a zesty alfredo sauce, topped with shrimp and parmesan cheese on a bed of angel hair pasta. \$20.99

**SHRIMP TRIO CLASSIC** A combination of golden fried shrimp, shrimp jambalaya, and grilled shrimp on a bed of fried rice. A must for shrimp lovers. \$15.99

**SEAFOOD PASTA** Gulf shrimp & crawfish tails tossed in a zesty alfredo sauce, flavored with garlic and parmesan cheese. Served on a bed of rotini. \$15.99 **SHRIMP PASTA** \$13.99

**BABY BACK RIBS** Slab of tender ribs, charbroiled with barbeque sauce. Served with macaroni and potato salad. \$16.99

**TASTE OF NEW ORLEANS** Generous portions of red beans and rice, shrimp jambalaya, and our file gumbo, served served with hot or smoked sausage. \$12.99

**CAJUN BAKED CHICKEN** Chicken half slowly baked to perfection in our cajun marinade and served with candy yams and green beans. \$13.99

**HAMBURGER STEAK** 9 oz. hamburger pattie grilled topped with brown gravy and grilled onions. Served with mashed potato and buttered corn. \$11.99

### **BLACKENED CHICKEN ALFREDO**

Fresh chicken breast smothered in a zesty alfredo sauce flavored with garlic, sliced mushrooms and parmesan cheese. \$13.99

**STUFFED BELL PEPPER** Seasoned ground beef, shrimp and crabmeat, cooked to perfection, served baked macaroni green beans \$13.99

**STUFFED SHRIMP** Jumbo shrimp, butterflied and stuffed with crabmeat. Battered and deep fried, served with sweet potato fries and buttered corn. \$16.99

**CHICKEN BERNARD** Chicken breast sauteed in sweet creole spices with mixed bell peppers, onions and parmesan cheese. Tossed in rotini pasta. \$13.99

**SMOTHERED OKRA** Slowly cooked with shrimp and smoke sausage, served with white rice. Delicious. \$13.99

**CAJUN BAKED FISH** Fresh fish marinated in our cajun marinade, cooked to perfection. Served with macaroni & green beans. *Catfish* \$13.99 *Red Fish* \$Market Price

**SMOTHERED LIVER** Beef liver seasoned and grilled, smothered in a brown gravy with onions. Served with mashed potato and buttered corn. \$9.99

**BREADED PORK CHOPS** Twin pork loins lightly breaded in italian bread crumbs and fried homestyle. Served with mashed potatoes and green beans. \$11.99

**RED BEANS & RICE** A New Orleans favorite, served with white rice, smoke or hot sausage or grilled pork chop and a house salad. \$9.99

## FRIED PLATTERS

**All Seafood Platters served with a dinner salad and fries.**

### **SEAFOOD PLATTER**

Catfish filet, Gulf Shrimp, and Fresh Oysters \$19.99

### **HALF N HALF PLATTER**

Fish/Shrimp, Fish/Oyster, or Shrimp/Oyster \$15.99

### **SHRIMP PLATTER**

Golden fried shrimp fried to perfection \$14.99

### **CATFISH PLATTER**

Catfish battered and deep fried to perfection. \$14.99

### **OYSTER PLATTER**

Fresh oysters fried the way you like. \$15.99

### **CHICKEN PLATTER**

Fried breast, thigh, wing, & leg served with red beans. \$13.99

**ADD SOFT-SHELL CRAB TO YOUR PLATTER \$5.95**

## GRILLERS

**All grillers served with a dinner salad**

### **GRILLED PLATTER**

Blackened catfish, jumbo citrus shrimp, sauteed garlic peppered crawfish, served with grilled veggies \$20.99

### **CITRUS GRILLED SHRIMP**

Jumbo gulf shrimp, served with grilled veggies \$14.99

### **BLACKENED CHICKEN**

Chicken breast, served with mashed potatoes \$13.99

### **RED DRUM FISH**

Fresh and large red drum filet grilled with citrus seasonings served with grilled veggies \$18.99

### **BLACKENED CATFISH**

Served with grilled veggies \$13.99

### **DOUBLE CUT PORK CHOP**

A 16oz. chop butterflied and served with a baked potato. \$15.99

**ADD SOFT-SHELL CRAB TO YOUR GRILLER \$5.95**

## STEAKS

**All steaks served with dinner salad and baked potato.**

**16 oz. T-BONE** \$19.99

**16 oz RIB EYE** \$21.99

**SURF-N-TURF YOUR STEAKS WITH JUMBO SHRIMP OR SOFT SHELL CRAB \$5.95**

## LAGNIAPPE

**BAKED MACARONI** \$2.99 **GRILLED VEGGIES** \$2.99

**POTATO SALAD** \$2.99

**BAKED POTATO** \$3.95

**STEAMED BROCCOLI** \$2.99 **STRING BEANS** \$2.99

**CANDY YAMS** \$2.99

**MASHED POTATO** \$2.99

**BUTTERED CORN** \$2.99 **FRIED RICE** \$2.99

**FRENCH FRIES** \$1.99

**WEEET POTATO FRIES** \$2.9